PHQ-9: Modified for Teens

Name:

2002), and the CDS (DISC Development Group, 2000)

Clinician:

Date:

Instructions: How often have you been bothered by each of the following symptoms during the past <u>two weeks</u>? For each symptom put an "X" in the box beneath the answer that best describes how you have been feeling.

		Not At All	⁽¹⁾ Several Days	⁽²⁾ More Than Half the Days	(3) Nearly Every Day	
1.	Feeling down, depressed, irritable, or hopeless?					
2.	Little interest or pleasure in doing things?					
3.	Trouble falling asleep, staying asleep, or sleeping too much?					
4.	Poor appetite, weight loss, or overeating?					
5.	5 / 5 5/					
6.	Feeling bad about yourself – or feeling that you are a failure, or that you have let yourself or your family down?					
7.	Trouble concentrating on things like school work, reading, or watching TV?					
8.	Moving or speaking so slowly that other people could have noticed?					
	Or the opposite – being so fidgety or restless that you were moving around a lot more than usual?					
9.	Thoughts that you would be better off dead, or of hurting yourself in some way?					
In the <u>past year</u> have you felt depressed or sad most days, even if you felt okay sometimes? [] Yes [] No						
If you are experiencing any of the problems on this form, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people? [] Not difficult at all [] Somewhat difficult [] Very difficult [] Extremely difficult						
Has there been a time in the past month when you have had serious thoughts about ending your life? [] Yes [] No						
Hav	Have you <u>EVER</u> , in your WHOLE LIFE, tried to kill yourself or made a suicide attempt? [] Yes [] No					

**If you have had thoughts that you would be better off dead or of hurting yourself in some way, please discuss this with your Health Care Clinician, go to a hospital emergency room or call 911.

	Office use only	Severity score:
-	Modified with permission	by the GLAD-PC team from the PHO-9 (Spitzer Williams & Kroenke 1999) Revised PHO-A (Johnson